

Discussion Questions for *I am Like the Sky*

Before reading the book:

- Have you ever stared at the sky?
- What did you see?
- What was it like?
- What things do you know about the sky?
- What is the sky? What do you think?
- What makes the sky the sky?
- What times of day, year, have you looked at the sky?
- Is the sky the same every time you look at it?
- How does the sky change?
- Here is an interesting question. Who are you?
- What do you think you are?
- What defines you?
- What makes you you? (Allow any answer at all.)
- Playfully tease with the answers. Is that the only you? The only thing you are?
- Are you always the same? And how are you always the same and different?
- Who else are you? Keep going until the answers run dry repeating them back- ok so you are making the list outloud.
- How can something be so many things and still be one thing? Or so many things and one person?

After reading the book:

- So now what do you think is the sky?
- What makes it the sky?
- What are things you can see?
- What are things you can feel?
- What does it mean for the sky to be more than you can see?
- How are you like the sky?



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Questions about thoughts and feelings:

- What feelings are like storms?
- What feelings are like rain?
- What feelings are like blustery blowy wind?
- What weather is like other feelings like irritated?
- What weather is like disappointed?
- What weather is like a mood?
- How are feelings and weather similar? (Think of as many as you like!)
- What is always true about feelings AND the weather?
- What flies through the sky?
- How are thoughts in your mind like the things that fly in the sky?
- How are thoughts and an airplane similar.
- Is an airplane the sky? But there it is! How is that like a thought?
- What is a thought?

How does little guy learn about the sky? He watches and observes!!

How can you learn more about you? Your weather? Your thoughts?
Watching and observing?

How do you watch and observe your own weather?
(First notice and label just like little guy!)

See journal and sky observation activity in resources.



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I am like the sky • Companion Resource by Tara Concelman

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